



## MIXED & GIRLS UNDER 8 INTRODUCTORY

x4

**GROUND SIZE**  
80m x 60m



### ZONES

#### 9-A-SIDE

#### SCORING

No scores, ladders or finals

#### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

### LAST DISPOSAL RULE

**BOUNCING THE BALL**  
Not permitted

**KICKING OFF GROUND**  
Not permitted unless accidental

#### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

#### MARKING

Any distance, reasonable attempt

#### PENALTIES

No distance penalty applies  
Players can be ordered off at the umpire's discretion

**FIELD UMPIRES**  
Club/Coach (1)

**GOAL UMPIRES**  
Club (2)

**BOUNDARY UMPIRES**  
**COACHES**  
On field



## GIRLS UNDER 9 DEVELOPMENT

x4

**GROUND SIZE**  
80m x 60m



### ZONES

#### 9-A-SIDE

#### SCORING

No scores, ladders or finals

#### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

### LAST DISPOSAL RULE

**MODIFIED TACKLING**

**BOUNCING THE BALL**  
1 max

**KICKING OFF GROUND**  
Not permitted unless accidental

#### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

#### MARKING

Any distance, shows control

#### PENALTIES

10m penalty can be applied at umpires discretion  
Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Club (1)

**GOAL UMPIRES**  
Club (2)

**BOUNDARY UMPIRES**  
**COACHES**  
On field



## MIXED UNDER 9 & 10 DEVELOPMENT

x4

**GROUND SIZE**  
100m x 80m



### ZONES

Under 9

Under 10\*  
\*starting positions only; reset to starting zone after score

#### 12-A-SIDE

#### SCORING

No scores, ladders or finals

#### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

### LAST DISPOSAL RULE

**MODIFIED TACKLING**

**BOUNCING THE BALL**  
1 max

**KICKING OFF GROUND**  
Not permitted unless accidental

#### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

#### MARKING

Any distance, shows control

#### PENALTIES

10m penalty can be applied at umpires discretion  
Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Club (1)

**GOAL UMPIRES**  
Club (2)

**BOUNDARY UMPIRES**  
**COACHES**  
On field



## GIRLS UNDER 11 DEVELOPMENT

x4

**GROUND SIZE**  
100m x 80m



### ZONES

#### 12-A-SIDE

#### SCORING

Scoring permitted  
No ladders or finals permitted

#### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Last disposal rule

NO DELIBERATE OUT OF BOUNDS

NO DELIBERATE RUSHED BEHINDS

**BOUNCING THE BALL**  
1 max

**KICKING OFF GROUND**  
Not permitted unless accidental

#### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

#### MARKING

10m, direct catch

#### PENALTIES

10m penalty can be applied at umpires discretion  
Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Club (1)

**GOAL UMPIRES**  
Club (2)

**BOUNDARY UMPIRES**  
**COACHES**  
Sideline



## MIXED UNDER 11 COMPETITION

x4

**GROUND SIZE**  
130m x 90m



### ZONES

#### 14-A-SIDE

#### SCORING

Scoring permitted  
No ladders or finals permitted

#### RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Last disposal rule

NO DELIBERATE OUT OF BOUNDS

NO DELIBERATE RUSHED BEHINDS

**BOUNCING THE BALL**  
2 max

**KICKING OFF GROUND**  
Not permitted unless accidental

#### OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

#### MARKING

10m, direct catch

#### PENALTIES

25m penalty applied at the umpires discretion  
Players can be ordered off at at umpires discretion

**FIELD UMPIRES**  
Association (1)

**GOAL UMPIRES**  
Club (2)

**BOUNDARY UMPIRES**  
**COACHES**  
Sideline